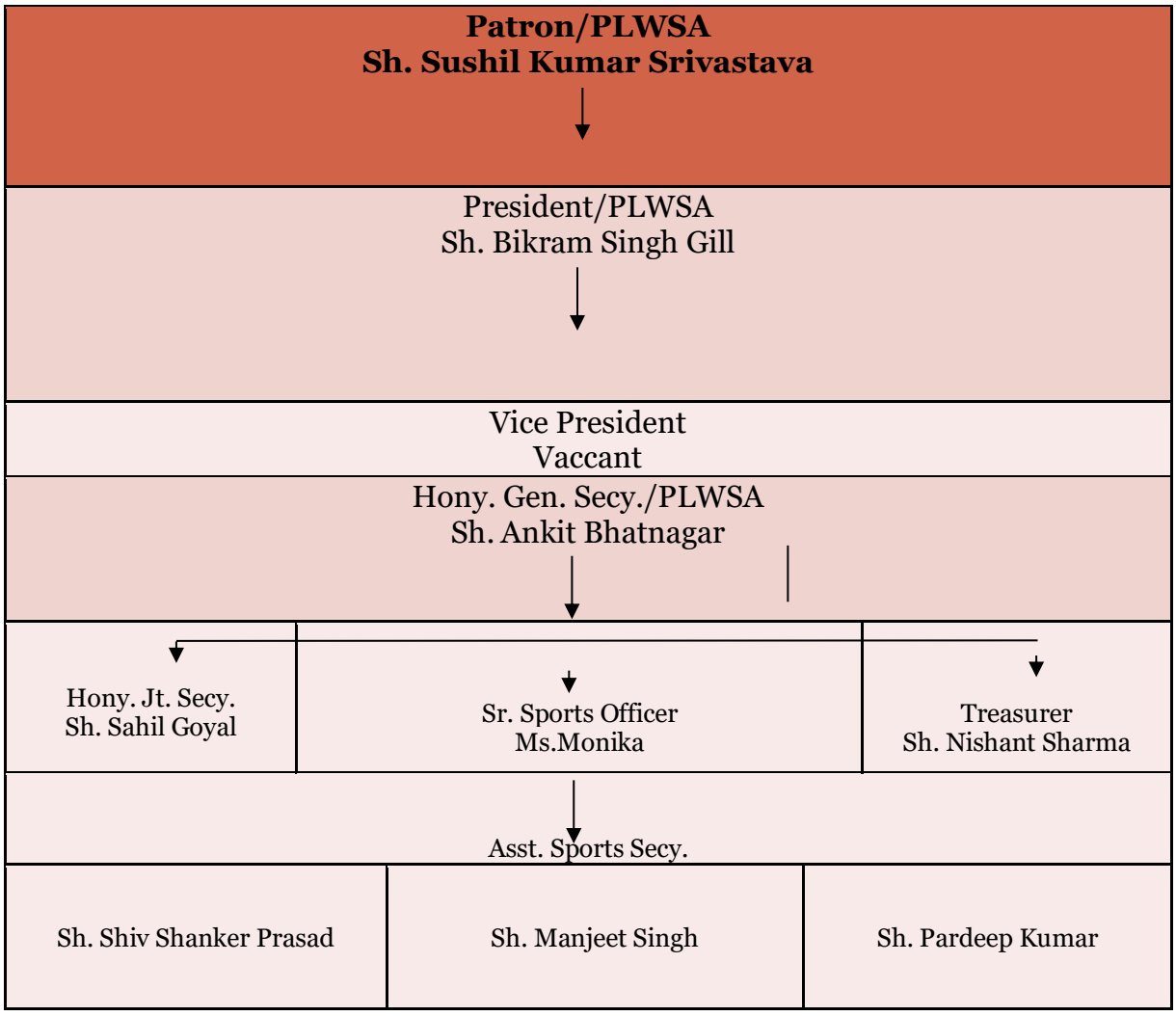


PLW has a rich sporting culture and is actively associated with the promotion of sports among its employees and their wards. PLW Sports Association (PLWSA) is headed by Sh. Sushil Kumar Srivastava, Prinicipal Chief Administrative Officer/PLW and supported by Sh. Bikram Singh Gill, President and Sh.Ankit Bhatnagar, Hony. Gen. Secy. of PLWSA.

Activities of PLWSA:

- PLWSA organises sports events at PLW through RSPB.
- PLWSA organizes inter departmental tournament to promote sporting culture.
- Creation & maintenance of infrastructure for promotion of Sports.

Current Active Players:

SN	Sport	No. of Persons
1	Athletics	05
2	Boxing	02
3	Golf	01
4	Archery & Shooting	01
5	Kabaddi	09
6	Basketball	08
7	Cricket	02

Sports Infrastructure at PLW: Fostering Excellence in Fitness and Athletics

Precision and dedication are the hallmarks of PLW, not just in its core mission but also in its approach to promoting sports and physical well-being. Over the years, PLW has developed a state-of-the-art sports infrastructure that caters to a wide range of athletic disciplines, offering a dynamic environment where sportspersons and employees alike can train, compete, and thrive.

At the heart of PLW's sports facilities lies a green and clean stadium, designed to support multiple sporting events in a refreshing, eco-friendly atmosphere. The stadium serves as a central hub for various outdoor sports including Cricket ground, synthetic Basketball/Handball court, Kabaddi, Volleyball, and Athletics, with a dedicated Throw Zone for field events.

Among the newest additions to the sports infrastructure is a modern Boxing Hall, equipped with two international-level boxing rings that meet global standards. These facilities provide the ideal training ground for athletes preparing for high-level competitions. PLW's commitment to sports extends further with a Synthetic Lawn-Tennis Court, two Wooden Badminton Courts, and a professionally maintained Golf Course — offering something for enthusiasts across a spectrum of sports.

A significant highlight is PLW's advanced and fully equipped gymnasium, built to support both cardiac and muscular fitness needs. With modern fitness machines, free weights, and specialized training zones, the gym caters to all levels of fitness — from beginner wellness routines to professional athletic conditioning.

To support its resident athletes and visiting sportspersons, PLW has also established two Sports Hostels named Satluj & Raavi, ensuring comfortable accommodation in a focused, sports-centric environment.

A serene walking track winds through the campus, encouraging daily fitness routines amidst a peaceful and green setting.

What truly sets PLW apart is its vibrant and supportive environment. The natural ecosystem of PLW seamlessly integrates with its sporting culture, creating a space where fitness and health are not just encouraged — they are a way of life. With each passing day, PLW continues to grow as a hub of sporting excellence, backed by world-class facilities and a community that values physical well-being.

Achievements:

PLW Players have performed exceptionally well, especially in Athletics.

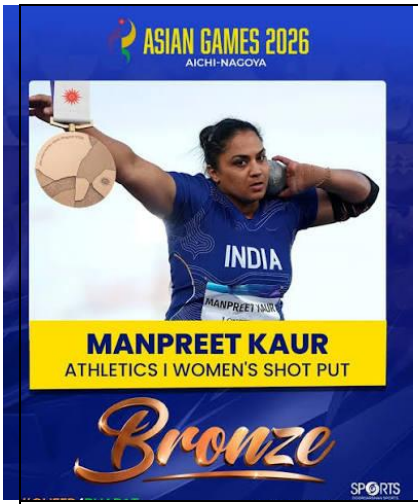
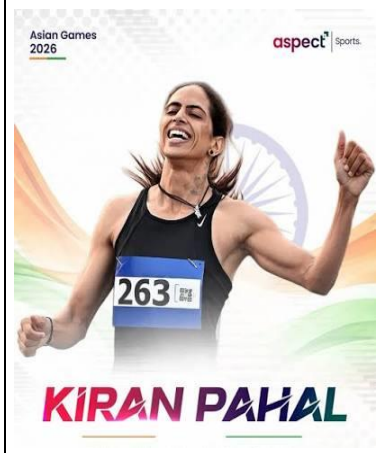
- Ms. Annu Rani has participated in 19th Asian Games-2023, China and obtained **Gold Medal** in women Javelin Throw category.
- Ms. Manpreet Kaur, represented India in Women Shot-put event in 19th Asian Games-2023, China.
- Mr.Ankit (Boxer) obtained **Gold Medal** in 77th AIR Boxing Championship-2023-24 & awarded best Boxer of Championship.
- Ms. Kiran (Athlete) obtained **Gold Medal** in 200m & **Silver Medal** in 400m event in 88th AIR Athletics Championship-2023-24.
- Ms. Annnu Rani (Javelin), Ms. Kiran (400 Mtr) & Ms. Prachi (4X400 Mtr Relay) have represented India at Paris Olympics-2024.
- Ms. Annu Rani Awarded with "Arjuna Award" by President of India on 17 January 2025.
- Apart from the above, inter department tournaments are regularly organized in various sports categories to promote physical fitness among our employees. All India Railway coaching camps of various games has also been held at PLW Stadium under the mentorship of Arjuna Awardee Ms. Monika (Hockey) ASO of PLW.
- Mr.Abhimanyu Laura (Boxer) obtained **Gold Medal** in 79th AIR Boxing Championship-2025-26 & awarded best Boxer of Championship
- Sh. Abhimanyu Laura Boxing Player of PLW won **Bronze Medal** in 9th ELITE MEN NATIONAL BOXING CHAMPIONSHIP-2026.
- Ms. Manpreet Kaur, represented India in Women Shot-put event at the Commonwealth Games 2026 in Glasgow finished in fourth place.
- Ms. Kiran Pahal obtained **Gold Medal** in women 4x400 m relay & **Silver Medal** in Mix 4x400 m event at the 20th Asian Games-2026 Nagoya, Japan.
- Ms. Manpreet Kaur obtained **Bronze Medal** in Women Shot Put event at the 20th Asian Games-2026 Nagoya, Japan.

Sports is a way of life for all of us here and we are committed to providing better sporting facilities to nurture talent and to keep work force physically fit.

+

		
Cricket Stadium	PLW Golf Course	Gym

		
Open Gym	PLW Boxing Junction	Ms. Annu Rani participated in Tokyo Olympics-2020 & Paris Olympics-2024

		
Ms. Manpreet Kaur obtained Bronze Medal in Women Shot Put event at the 20th Asian Games-2026 Nagoya, Japan.	**Ms. Kiran Pahal obtained Gold Medal in women 4x400 m relay at the 20th Asian Games-2026 Nagoya, Japan.**	**Ms. Kiran Pahal obtained Silver Medal in Mix 4x400 m event at the 20th Asian Games-2026 Nagoya, Japan.**